

“THE BASIC FIVE”

Sunrider’s Philosophy of “Regeneration”



N – Nourish with **NuPlus**:

For basic energy, it is a balanced whole food concentrate that energizes and helps reduce unhealthy cravings. NuPlus is enzyme rich, complex carbohydrate food that fills in the gaps that regular meals do not satisfy. It is also great for “Energy”.



B – Balance with **Quinary**:

For the five major systems: 50 concentrated foods designed to nourish the digestive, circulatory, immune, respiratory and endocrine systems, and to keep the energy balanced between the five.



C – Cleanse with **Calli** and **Fortune Delight**:

Calli – A great replacement for coffee or regular tea. This whole food beverage with unique herbal extracts assists in the body’s natural cleansing processes and reduces unwanted fat and cholesterol in the blood. It is rich in antioxidants and catechins. Calli enhances mental focus.



Fortune Delight – Is a great tasting all-natural herbal concentrate beverage that is naturally low in calories and contains no fat, cholesterol, or artificial sweeteners – an excellent replacement for coffee, tea, soft drinks and soda. It helps with digestion and elimination of fats. Fortune Delight is rich in anti-oxidants and provides the body with much energy.



Sunectar (Suncare) and SunnyDew (Suncare Plus) are very sweet stevia plant extracts with no calories. In many countries, stevia is used instead of sugar. Sunectar is an excellent supplement to your diet to help maintain normal blood sugar levels – food for the pancreas and adrenals.

SunnyDew is even more concentrated - an all natural stevia leaf extract with chrysanthemum flowers. It makes every Sunrider drink very tasty and will make water taste delicious.